



DEFENSE TRAVEL MANAGEMENT OFFICE

Overseas Cost of Living Allowance Adjustments

(as of 9/29/2015)

An increase indicates that price differences have increased from being that much more expensive in comparison to average prices in the Continental United States (CONUS). A decrease in this allowance indicates that the prices of goods and services have declined in comparison. Overseas COLA is not a fixed amount and adjustments based on data are either immediate or made incrementally, depending on whether the payment will increase or decrease. Increases in COLA are made immediately, whereas COLA reductions are phased in over time to help minimize the impact of the adjustment. Please refer to Table 1 for the COLA index point adjustment by duty station location.

Service members can calculate their COLA rate at <http://www.defensetravel.dod.mil/site/colaCalc.cfm>. The calculation tool is updated with the current COLA amounts each pay-period.

Current and Upcoming Adjustments

New!	Location		Current Index	New Index	Point Change	Adjustment Begins	Adjustment Complete
	Cuba	Havana	130	124	-2	1 Oct 15	1 Oct 15
	Oman	Muscat	136	140	-6	1 Oct 15	1 Oct 15
	Switzerland	Geneva	214	184	-30	1-Oct-15	1-Feb-16
	Venezuela	Caracas	148	132	-16	16 Sep 15	16 Nov 15
	Bulgaria	Sofia	112	126	+14	16-Sep-15	16-Nov-15
	Japan	Atsugi	122	122	No Change	16-Oct-15	16-Oct-15
	Japan	Camp Fuji	114	122	+8	16-Oct-15	16-Oct-15
	Japan	Camp Zama	116	132	+16	16-Oct-15	16-Oct-15
	Japan	Iwakuni	118	130	+12	16-Oct-15	16-Oct-15
	Japan	Misawa	114	124	+10	16-Oct-15	16-Oct-15
	Japan	Okinawa	116	120	+4	16-Oct-15	16-Oct-15
	Japan	Sasebo	120	116	-4	16-Oct-15	16-Oct-15
	Japan	Yokohama	126	128	+2	16-Oct-15	16-Oct-15
	Japan	Yokosuka	126	120	-6	16-Oct-15	16-Oct-15

*All indexes are subject to currency fluctuations

About DTMO

DTMO was established to serve as the single focal point for commercial travel within the Department of Defense to establish strategic direction, set policy, and centrally manage commercial travel programs. DTMO maintains central oversight for commercial travel management, travel policy and implementation, customer support and training, DoD travel card program management, functional oversight for the Defense Travel System, and allowance and entitlement program management.